



**TUES. FEB. 4TH, 4:30-7:30PM**

**MOUNTAIN RUN FARM  
SALOON/FARM STORE**  
2734 CHARLEMONT RD, BIG ISLAND, VA 24526

# NETWORKING POTLUCK!

**RSVP & GET DIRECTIONS AT  
LANDANDTABLE.COM**

IF YOU ARE INTERESTED  
IN SUSTAINABLE FARMING,  
HOLISTIC GARDENING,  
EATING LOCAL, AND  
INTENTIONAL LIVING.  
JOIN US FOR OUR  
MONTHLY POTLUCK!  
(FIRST TUESDAY OF EACH MONTH)

SPONSORED BY:



WHAT TO BRING:  
+ A HEALTHY DISH TO SHARE  
+ DISHWARE (CUP, SILVER-  
WARE, PLATE, ETC)  
+ A FRIEND!