

SUSTAINABLE TRADITIONS
THE LAND & TABLE COMMUNITY TOUR
A VOICE FOR LOCAL FOOD & SUSTAINABLE AGRICULTURE

AUGUST 6 (4:30-7:30 PM) AT...



IDLEWILD FARM

NETWORKING FOR THE LOCAL FOOD MOVEMENT, COMMUNITY POTLUCK, WORK PARTY

FARMERS, GARDENERS, HOMESTEADERS, EATERS, NEIGHBORS, STUDENTS...JOIN US!

Join us for an evening of networking, community potluck and a "crop mob" activity. We will be hosted by our sustainable farming friends Doug and Lucy Overstreet at the newly relocated Idlewild Farm in Bedford County. We will have the unique opportunity to help them prepare a recently cleared, soon-to-be chicken paddock by spreading straw, etc. This is a great chance to be a part of the rebirth of Idlewild as they are starting from scratch on new land.

Idlewild Farm maintains a faithful presence at the Forest Farmers Market (located at the Forest Public Library) every Saturday, offering their customers pastured heritage breed pork, pastured chicken, and fresh free-range, non-GMO eggs. Their products can also be found at The Well health food store in Bedford.

Time: Tuesday, August 6th (4:30-7:30 pm)

**Place: Idlewild Farm -1684 Magnolia Dr. Bedford VA 24523
(directions at LandAndTable.com)**

LAND & TABLE IS A GRASSROOTS NETWORK SEEKING TO CULTIVATE & STRENGTHEN THE LOCAL FOOD MOVEMENT IN THE LYNCHBURG REGIONAL AREA. EVERYONE IS WELCOME!

WHAT TO BRING

- + HEALTHY, YUMMY DISH TO SHARE
- + LAWN CHAIRS OR BLANKET
- + YOUR OWN DISHWARE (DISHES, SILVERWARE, CUPS)
- + WORK GLOVES

RSVP AT: [FACEBOOK.COM/LANDANDTABLE](https://www.facebook.com/LandAndTable)
OR LANDANDTABLE.COM