

MARCH 5TH, 4:30-7:30PM
(FIRST TUES. EVERY MONTH)

DREAMING OF SPRING!

**JOIN US FOR THE LAND AND TABLE
SPRING PLANNING SESSION...**

**WHERE WE BRAINSTORM
FOR OUR SPRING FARM
HOP SERIES AND OTHER
PLANS FOR TAKING OVER
CENTRAL VIRGINIA**

**WHERE: MOUNTAIN RUN FARM SALOON
(near pond) in Sedalia (Bedford County)
(for directions go to MountainRunFarm.com)**

**PLEASE RSVP AT:
LANDANDTABLE.COM
OR [FACEBOOK.COM/LANDANDTABLE](https://www.facebook.com/landandtable)**

POTLUCK

WHAT TO BRING:

- 1) A HEALTHY, HOMEMADE
DISH TO SHARE.**
- 2) YOUR OWN DISHWARE.**

**LOCAL IS BEST BUT BRING WHAT YOU CAN.
EVERYONE IS WELCOME!**

THE LAND AND TABLE NETWORK IS
OPEN TO ALL FARMERS, GARDENERS
EATERS AND ANYONE INTERESTED
IN PROMOTING SUSTAINABLE
AGRICULTURE AND THE
LOCAL FOOD MOVEMENT IN THE
LYNCHBURG REGIONAL AREA.